

## SICK AND TIRED

Following an exposé on social media, a Halaal-certified hospital announced that it has ***“taken a decision not to prepare Halaal meals in the hospital kitchen until our investigations are completed.”*** Allegations of risk of contamination have been raised as Halaal and Haraam products are transported together, absence of the required onsite supervision and lack of regular inspections.

**SANHA** believes that there can be no compromise on the rights of a Muslim in keeping with one’s individual obligation to the Creator as well as one’s right as a consumer to receive a service that must not be misleading and dishonest from all stakeholders concerned.

When you are hospitalised, away from family and the comfort of your home, at your lowest ebb physically, mentally and spiritually, the last thing you need to worry about is whether the food is Halaal and suitable for your particular ailment..

**SANHA** has partnered with leaders in hospital care to ensure your piece of mind that the meal delivered to your bedside is absolutely Halaal. Your medically-approved meal designed by the hospital dietician is produced under stringent hygienic conditions and closely monitored through our Halaal programme.

We commend those hospitals that truly understand and embrace the concept of Islamic dietary laws and cater for the wellbeing of their patients and their peace of mind.

[Click here](#) for hospitals that have chosen to offer their patients the **SANHA** Halaal mark of assurance.

<http://www.sanha.org.za/announc/2019/List.of.SANHA.Certified.Hospitals.pdf>

### VISITING THE SICK

The Quraan states: ***“And when I am ill, it is He Who cures me”*** (Chapter 26, Verse 80)

This is an opportune time to remind us all of the great Sunnah (*practice and teaching of the Prophet Muhammad – peace be upon him*) of visiting the sick. He strongly encouraged and emphasized visiting the ailing and sick people. Imam Bukhari recorded a Hadith from Sayyiduna Abu Hurayrah (*radiyallah anhu*) that our beloved Prophet peace be upon him said:

***“The rights of one Muslim over another Muslim are six.”*** Someone asked, ***“What are they?”*** The Prophet (*peace be upon him*) replied, ***“When you meet him you greet him with salaam (peace); when he invites you, you accept his invitation; when he consults you in a matter, you give him sincere advice; When he sneezes and praises Allah, you ask Allah to have mercy on him; When he is sick, you visit him and when he passes away you accompany him i.e. you join in his janazah (burial).”*** [Muslim]

While fulfilling this revered act, the visitor should keep some things in mind so as to discharge his obligation in an appropriate manner.

1. Call beforehand to find out if it would be appropriate to visit at a specific time or to find out when it would be suitable and convenient to visit.
2. The visit should be brief so that the ill person does not become burdened by your presence.
3. Stand or sit where the sick person can see you without difficulty.
4. Be cheerful yet sympathetic with encouraging words.

5. Make Dua for the sick person and request the same from the patient.

Address the sick person as follows:

***“Do not despair (this is) a cleansing (from sins), if Allah wills.” [Bukhari]***

Read the following Dua:

***“Remove the affliction, O Lord of Mankind. Cure him, You are the Curer. There is no cure besides Your cure, a cure which leaves no illness.” [Muslim]***

Our prayers to Almighty Allah is for the good health, happiness, peace of our readers, their families and communities and ease from pain and quick recovery from all ailments. Aameen.

*Any queries pertaining to the above or any other aspect of Halaal may be referred to our offices*

**Halaal Helpline 0861 786 111**