

## Meating the Change

In the history of the evolution of man and our planet, change has always been the constant. Ideas, events and actions directly or indirectly cause change. Many of the changes are evolutionary that we accept by becoming accustomed to them but there are those revolutionary changes that we adopt as it requires radical action.

The year-long COVID 19 pandemic that engulfed the world resulting in the deaths of over 2,3 Million fellow human beings brought in drastic changes never experienced in our lifetime. Lockdowns, temperature screening, wearing of masks, sanitising and social distancing for work, prayer and leisure became the order of the day. So too we had to adapt to new ways of working, conferencing, schooling remotely, shopping for grocery and ordering prepared meals online for delivery to your door.

What never changes in the evolution of life is the principle of sustenance of life. Consumption of food is intrinsic to sustaining life. We have to eat to live. Allah, Most High and All-Knowing as Creator of man and provided the food needed for man's sustenance.

Furthermore, through His Word in the Noble Qur'aan and the teachings of the Messenger (peace be upon him), prescribed what we are permitted to eat (Halaal) and what is forbidden (Haraam). **"...for he (the Prophet) commands them what is just and forbids them what is evil; he allows them as lawful what is good (and pure) and prohibits them from what is bad (and impure)..."**(Surah 7, verse 157)

Within the dietary requirements of Halaal, meat ranks as the most critical and crucial. Stringent requirements are laid down on animal welfare, humane slaughter, transporting, processing and sales.

SANHA deeply appreciates the efforts of all role players in the meat supply chain i.e. producers, abattoirs, our dedicated supervisors and auditors, and our butchers who strive to ensure your continuous supply of safe, quality Halaal meat products during these challenging times. Jazakumullahu Khayr... Thank you.

**Beef up in the lockdown**

**Article compiled and published by the Public Relations Department.**

Hereunder is a list of Halaal Butchers, many of whom provide a delivery service to your door:

## KWA-ZULU NATAL

NAME OF OUTLET	TELEPHONE	DELIVERY (YES/NO)
Chicken World – Tongaat ( <a href="#">278 Gopalall Hurbans Rd</a> )	031-500-4084	No
<u>Continental Butcher, Baker &amp; Deli – Morningside (171 Sandile Thusi Rd)</u>	031 208 0951	Yes
<u>Chicken World – Overport (168 Kenilworth Rd)</u>	081-557-9808	Yes
<u>Desai's Gourmet Deli – 157 Albert St, Estcourt</u>	036-352-4040	No
<u>Durban Halaal Meats – Overport (84–88 Felix Dlamini Rd)</u>	031 207 7869	Yes
<u>Howick Meat Centre – 10 Harvard Street, Howick</u>	033-330-2807	Yes
<u>Medina Meats – Bayview (Shop 1, 310 Lenny Naidu Dr)</u>	031-400-1673	No
<u>Medina Meats – Bluff (Shop 1, 605 Bluff Rd)</u>	031- 467-2784	No

<u>Medina Meats – Westcliff Shopping Centre (171 Florence Nightingale Dr, Unit 3, Chatsworth)</u>	031-403-4427	Yes
<u>SAVE Hyper – Butchery – Pietermaritzburg (362 Victoria Road)</u>	033 394 9099	No
<u>SAVE Newholmes – Butchery (100 Balhambra Way, Newholmes, PMB)</u>	087 354 5399	No
Star Meat Products – Phoenix	031 500 4084	Yes
Star Meats – <a href="#">Overport (241 Sparks Rd)</a>	031 208 7193	Yes
<u>The Central Kitchen – Clare Estate (21 Freesia Place)</u>	031 269 1028	Closed
<u>Willowton Meats – Overport (202 Brickfield Rd)</u>	031 207 9437	No
<u>Willowton Meats – PMB (519 Langalibalele St)</u>	033 342 3828	No
<u>Yakoobs Meats – Newcastle (22 Murchison St)</u>	034-326-4650	Yes

## EASTERN CAPE

NAME OF OUTLET	TELEPHONE	DELIVERY (YES/NO)
Altaqwa Chicken & Spice – Malabar	041 457 5559	Yes

## MPUMALANGA

NAME OF OUTLET	TELEPHONE	DELIVERY (YES/NO)
Eastdene Saverite Supermarket – Middelburg (Only Bakery & Butchery certified)	013 282 8106	Yes
Lunga Foods – President Place (Shop 2, Amaryllis St, Ext 10, Witbank )	076 114 1951 083 306 9570	Yes
Lunga Foods – Prestige Building (Corner Pringle & Watermeyer Streets, Ext 8, Emalahleni )	076 114 1951 083 306 9570	Yes
Medina Meats – Eastdene Complex, Middelburg	013 282 5262	Yes
Sajeeda's Fresh Chickens – Middelburg	013 243 0369	No

## NORTH WEST

NAME OF OUTLET	TELEPHONE	DELIVERY (YES/NO)
Choppies Rustenburg – (72 Kerk St)	014 592 1082	No

## GAUTENG

NAME OF OUTLET	TELEPHONE	DELIVERY (YES/NO)
A & F Poultry – Azaadville	0765 518 010	Yes
Al Taqwa Chickens – Crown Mines	011 839 6926 082 452 4440	Yes
Amina’s Butchery & Mega Store – Lenasia (Meat Processor)	061 483 8951	Yes
Faheem’s Meat & Deli – Lenasia (Meat/Poultry)	011 057 0000	Yes
Fomiss Butchery t/a Oriental – <a href="#">Lenasia (47 Quail St)</a>	011 8527500	Yes
Forsmay Muslim Butchery – Fordsburg	011 838 5720	Yes
Grand Butcher Shoppe – <a href="#">Robertsham (33 Giles St)</a>	078 010 3184	Yes
Hajees Halaal Butchery – Ennerdale, Extension 1 (Only Butcher certified, not supermarket)	011 855 2565	Yes
Khan’s Meat Centre – <a href="#">Lenasia (162 Grand Place)</a>	011 8523 601	Yes
Khan’s Ultra Meat – <a href="#">Lenasia (395 Nirvana Dr)</a>	011 8527 276	Yes
Meat Us Butchery – Mount Dev Centre ( <a href="#">225 Beyers Naude Dr, Northcliff</a> )	071 362 5528	Yes
Mia’s Meat Centre – Lenasia	011 854 1798	Yes
Moola’s Meat Zone – Melville (11 Main Rd)	011 482 2432	Yes
Pandors Halaal Products – Elsburg	083 675 1162	Yes
Park Muslim Butchery – Lenasia	011 852 1239	Yes
Rafiqs Poultry – Winchester Hills	084 736 1736	Yes
Royal Butcher – Lenasia (Cnr. Protea & Garrick Ave, Ext 8, Lenasia)	061 547 8820	Yes
Shoaib Chicken – Azaadville	084 414 6842	Yes
Taahir Halaal Foods – Crown Mines (85 Planet Ave)	011 830 1184	Yes
Taibah Meat – Lenasia (27 Northern Place, Ext 1, Lenasia)	084 552 1111	Yes
Tas Mi Yah Halaal Meats – Robertsham (Frimley Rd)	011 433 9392	Yes
The Butchers Knife – Norwood (48 Grant Ave)	083 437 8645	Yes
Westbury Butchery – (30 Polack Ave, Newclare)	011 474 8500	Yes
Azaadville Meat Palace – Azaadville (Azaad Ave)	066 376 3775 011 413 3313	No
Chickenport – Booyens Reserve (Frozen Crumbed Chicken Products)	010 023 0744	No
Dela Rosa Muslim Butchery – Riverlea	011 474 2894	No
Khan’s Meat 2001 Butcher – Mayfair (Cnr 3rd Ave & College St)	011 837 4742	No
Klucky’s Fresh – Lenasia (27 Grand Place)	074 284 6873 078 827 9504	No
Mayfair Halaal Butchery – Mayfair (103 Church St)	011 830 0238	No
Metro Hyperland – Devland	011 989 8800	No
Turkish Kebab House – Mayfair (79 Church St)	011 025 1123	No
United Muslim Meat Supply – Mayfair (19 Central Ave)	011 839 1718	No
Zulfair Halaal Meats – Newlands	083 589 6829	No